

Incarnation Parish Retreat September 20-22, 2019

REGISTER NOW!



We're going back to Incarnation Center. Will you come too? Save the date for our fourth annual Parish Retreat. We'll enjoy a weekend away with friends old and new, of all ages and walks in life. Spiritual formation, worship, recreation, and rest. Read on to learn more!

FAQS

What is Incarnation Center?

Incarnation Center is a camp and conference center in Ivoryton, Connecticut with historic and ongoing ties to our parish. The 700+ acre grounds boast several hiking trails, a nature center, an animal farm and a private, mile-long lake (with row boats, a small beach and a very fun rope waterslide!).

What's on the agenda?

Roughly half our time will be spent together in meals, fellowship, worship, and group sessions geared toward spiritual formation. The rest of the retreat is completely un-programmed, providing ample time for rest, relaxation and exploring. A general schedule appears below.

Is there a theme?

Our retreat leader is the Rev. Dana Stivers, Associate Executive Director and Chaplain of Incarnation Center. Dana's chosen theme for our retreat is "Connections: Reconnecting with ourselves, God, one another and our natural world." She suggests *The Hidden Life of Trees* as summer pre-reading.

What are the accommodations?

We will be staying in the Lodge, which provides single and double bedrooms, shared same-sex bathrooms, a screened porch and meeting room with fireplace. Complimentary coffee, tea, and other beverages are available in the Lodge 24 hours a day.

What's the food like?

Meals are served buffet style at 8:00 am, 12:30 pm, and 6:00 pm in the Lodge Dining Room. The menu varies with the seasons, but dishes include roast flank of beef with shallots, lamb stew, braised escarole and roasted salmon with lemon. The chef is happy to accommodate special food requirements.

How do I get there?

You are welcome to drive (approximately 105 miles) or take the train. Travelling by train includes taking Metro North to New Haven, switching to the Shore Line East, and taking that train from New Haven Union Station to Old Saybrook (approximately 3 hours total). The Old Saybrook station is 10 minutes from Incarnation Center, and someone from the Center will be there to pick you up.

How much does the retreat cost?

The cost of the retreat is \$190 for adults and \$90 for children ages 4-13 and includes lodging, meals and snacks. Train fare is an additional cost of approximately \$50 round trip.

SCHEDULE

Friday, September 20

5:00 – 6:00 pm Arrival and check-in
6:00 – 7:00 pm Dinner
7:15 – 8:15 pm Session 1: Connecting with one another
8:30 – 9:00 pm Campfire Compline

Saturday, September 21

8:00 – 9:00 am Breakfast
9:30 – 10:00 am Dwelling in the Word – Luke 16:1-13 (the Sunday Gospel)
10:00 – 11:30 am Session 2: Connecting with God
Parallel programming for children is offered from 9:30 to 11:30 a.m.
11:30 – 12:30 pm FREE TIME
12:30 – 1:30 pm Lunch
1:30 – 2:30 pm Session 3: Connecting with nature
2:30 – 5:30 pm FREE TIME
5:30 – 6:00 pm Evening prayer in the indoor chapel
6:00 – 7:00 pm Dinner
7:00 – 10:00 pm Incarnation’s 90th year celebration in their new St. James’ building on the lake

Sunday, September 22

8:00 to 9:00 am Breakfast
10:00 to 11:00 am Holy Eucharist in the outdoor chapel
12:00 pm Departure

Contact the clergy with any questions. To learn more about Incarnation Center, go to incarnationcenter.org.

To register for the Parish Retreat, please fill out your information below and send this form with a \$50 per person deposit to Church of the Incarnation, ATTN: The Rector, 209 Madison Ave., New York, NY 10016.

Primary Contact: _____

Phone: _____

Email: _____

Number of adults: ____ Number of children: ____