

Incarnation Parish Retreat September 21-23, 2018

REGISTER NOW!



We're going back to Incarnation Center. Will you come too? Save the date for our third annual Parish Retreat. We'll enjoy a weekend away with friends old and new, of all ages and walks in life. Spiritual formation, worship, recreation, and rest. Read on to learn more!

FAQS

What is Incarnation Center?

Incarnation Center is a camp and conference center in Ivoryton, Connecticut with historic and ongoing ties to our parish. The 700+ acre grounds boast several hiking trails, a nature center, an animal farm and a private, mile-long lake (with row boats, a small beach and a very fun rope waterslide!).

What's on the agenda?

Roughly half our time will be spent together in meals, fellowship, worship, and group sessions geared toward spiritual formation. The rest of the retreat is completely un-programmed, providing ample time for rest, relaxation and exploring. A general schedule appears below.

What are the accommodations?

We will be staying in Brooks Cottage, which provides single and double bedrooms, shared same-sex bathrooms, a deck, covered porch and meeting room with fireplace.

What's the food like?

Meals are served buffet style at 8:00 am, 12:30 pm, and 6:00 pm in the Lodge Dining Hall right next to Brooks Cottage. The menu varies with the seasons, but dishes include roast flank of beef with shallots, lamb stew, braised escarole and roasted salmon with lemon. The chef is happy to accommodate special food requirements.

How do I get there?

You are welcome to drive (approximately 105 miles) or take the train. Travelling by train includes taking Metro North to New Haven, switching to the Shore Line East, and taking that train from New Haven Union Station to Old Saybrook (approximately 3 hours total). The Old Saybrook station is 10 minutes from Incarnation Center, and someone from the Center will be there to pick you up.

How much does the retreat cost?

The cost of the retreat is \$185 for adults and \$85 for children and includes lodging, meals and snacks. Train fare is an additional cost of approximately \$50 round trip.

SCHEDULE

Friday, September 21

5:00 – 6:00 pm Arrival and check-in
6:00 – 7:00 pm Dinner
7:30 – 9:00 pm Group spiritual formation session 1 in the Brooks Cottage Meeting Room
9:00 – 9:20 pm Compline in the Brooks Cottage Meeting Room

Saturday, September 22

8:00 – 9:30 am Breakfast
9:30 – 9:50 am Morning Prayer in the indoor chapel
10:00 – 11:30 am Group spiritual formation session 2 in the Brooks Cottage Meeting Room;
Parallel event for children outside
11:30 – 12:30 pm FREE TIME
12:30 – 1:30 pm Lunch
1:30 – 2:30 pm Optional walking tour of the grounds
2:30 – 5:30 pm FREE TIME
5:30 – 5:50 pm Evening prayer in the indoor chapel
6:00 – 7:00 pm Dinner
7:30 – 8:30 pm S’mores at the fire pit

Sunday, September 23

8:00 to 9:00 am Breakfast
9:00 to 10:00 am FREE TIME
10:00 to 11:00 am Holy Eucharist in the outdoor chapel
11:00 to 12:30 am FREE TIME
12:30 to 1:30 pm Lunch
2:00 pm Departure

More details regarding program content and updates will follow. To learn more about Incarnation Center, go to incarnationcenter.org.

To register for the Parish Retreat, please fill out your information below and send this form with a \$50 per person deposit to Church of the Incarnation, ATTN: The Rector, 209 Madison Ave., New York, NY 10016.

Primary Contact: _____

Phone: _____

Email: _____

Number of adults: ____ Number of children/youth: ____